Stay Well in Wales: The public’s views on public health

A nationally representative household survey asked 1,001 residents aged 16 years and over about their perceptions of a range of public health issues.

Top 10 sources of information people in Wales use often to find information to keep themselves healthy and well

1. Chatting with relatives, friends and colleagues
2. Internet searches
3. Speaking to a doctor or nurse
4. TV health documentaries
5. TV news
6. Social media
7. Speaking to a pharmacist or chemist
8. NHS websites
9. Product adverts
10. Health apps

*The bigger the text appears, the greater the proportion thinking the issue as an important contributor or as need to do more.

More than 5 in 10 people said

Which public health issues are important contributors to poor health and well-being?*

- Social isolation
- Physical inactivity
- Unhealthy eating habits
- Drug abuse
- Hospital infections
- Affordability of healthy choices
- Poor parenting of children
- Violence
- Lack of screening for adult illness
- Lack of screening for child illness

Which public health issues do public services need to do more to address?*

- Health care access
- Social isolation
- Drug abuse
- Violence
- Lack of screening for adult illness
- Hospital infections
- Affordability of healthy choices
- Poor parenting of children
- Physical inactivity
- Air pollution

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What are the Welsh public’s positions on a range of public health priorities?

The Stay Well in Wales nationally representative household survey interviewed 1,001 people (aged 16+ years) from across Wales at their homes in 2017. Randomly selected households were invited to participate through a letter; 6% of households opted out at this stage. Of those eligible to participate, 76% agreed to take part and we are grateful to all those who freely gave their time.

All analyses have been adjusted to national population demographics. The information in this infographic is taken from Stay Well in Wales: The public’s views on public health. Findings from the nationally representative household survey. Policy, Research and International Development Directorate, Public Health Wales, Clwydian House, Wrexham LL13 7YP Tel: +44(0)1978 318413 www.publichealthwales.wales.nhs.uk February 2018.