Conference Pack

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Welcome and Introduction

Welcome to the third national conference of the All-Wales Sexual Health Network (AWSHN) - we’re delighted that you are able to join us for what promises to be a lively and useful day. The process and implications of developing integrated sexual health services are the focus of this national conference: **Changing practice: achieving modernisation of services**. The changes in the delivery of services provides an excellent opportunity to consider the development of multidisciplinary teams and nurse led services in more detail as well as how changes impact on both service users and professionals.

With presentations covering the progress to date with the modernisation programme and new ways of working in STI testing, abortion and contraception, this conference is essential for all sexual health professionals playing a role in the major reorganisation of sexual health services.

The day will combine plenary sessions with break-out sessions, and plenty of opportunity for questions, discussion and networking with colleagues.

We’ve put together what we believe will be a varied and relevant programme for today, and you’ll find more information about this in the rest of the pack. If you have any questions at all please don’t hesitate to ask one of our members of staff, who will be visible to direct you and answer any questions throughout the conference. The Sexual Health Network is all about you, our members, so we do hope you are able to join in today’s discussions fully and that you benefit from sharing information and networking with colleagues throughout the day.

We hope you enjoy the conference!

Best wishes,

*The All-Wales Sexual Health Network Team at fpa and the Wales Centre for Health*
Information about the AWSHN
The All Wales Sexual Health Network was set up in 2000 as part of the action plan to implement the Strategic Framework for Promoting Sexual Health in Wales. It is intended to provide a discussion forum for a range of agencies involved in promoting better sexual health, and to be a means of promoting best practice and increasing public understanding of sexual health issues. In October 2005, the Welsh Assembly Government awarded a three-year contract for the management of the Network to a partnership between fpa and the Wales Centre for Health.

The All Wales Sexual Health Network has already made an important contribution to sexual health in Wales and we believe that we can secure further benefits and developments by working collaboratively in the management of the Network and bringing together our organisations’ respective expertise and resources.

The Partners

fpa is the UK’s leading sexual health charity working to improve the sexual health and reproductive rights of all people throughout the UK. We run a comprehensive information service and produce a variety of publications to support professionals and the public. We also run training courses for professionals involved in delivering sexual health services. fpa provides a national voice on sexual health issues and works with the public and professionals to ensure high quality information and services are available to all who need them.

Our community projects in Wales include the Jiwsi project which provides sex and relationships education for vulnerable young people in North Wales and the extremely successful Speakeasy programme which aims to enable parents and carers to develop the skills, knowledge and confidence to discuss sex with their children and is available in Cardiff and the surrounding areas.

The Wales Centre for Health (WCfH) is an Assembly sponsored public body established in 2005. The WCfH approaches issues in a new way and:

- advocates on public health issues
- engages with the public and their communities and advises on their concerns
- speaks independently on health, free from corporate or economic interest
- operates in an open and transparent manner.
The WCfH has statutory responsibilities which are defined in the Health (Wales) Act 2003. These include the development and maintenance of arrangements for making information about matters related to the protection and improvement of health in Wales available to the public, undertaking and commissioning research in such matters and the provision and development of training.

The WCfH and the fpa jointly manage the All Wales Sexual Health Network on behalf of the Welsh Assembly Government. A multi disciplinary Board has been established which contributes to the future direction of the Network.

The WCfH and fpa are collaborating together on the development of a Promising Practices database which will include examples of good practice from inside and outside Wales and these will be available to all Network members.
Changing Practice: Achieving Modernisation of Services

Chair: Dr Ushan Andrady

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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| 9:00-10:00 | Registration  
|        | Tea and coffee                                                                             |
| 10:00 | Conference Starts  
|        | Welcome, housekeeping, overview of the day                                                  |
| 10:15 | Overview of modernisation programme and progress to date  
|        | Dr Charlotte Fleming                                                                       |
| 10:45 | New BASHH guidance on STI testing  
|        | Dr Olwen Williams OBE                                                                       |
| 11:00 | Modernisation of abortion services  
|        | Alison Jones (presentation will be delivered by Helen Richards, Clinical Nurse Manager (Sexual Health), Bro Morgannwg NHS Trust) |
| 11:15 | Contraception services in the context of modernisation  
|        | Dr Charlotte Fleming                                                                       |
| 11:30 | Question and answer session with speakers                                                  |
| 12:15 | Lunch                                                                                      |
| 13:15 | Break-out sessions (reconvene in main room initially)                                     |
|       | Number  
|       | 1  
|       | 2  
|       | 3  
| Room  | Allocated on the day  
|       | Allocated on the day  
|       | Allocated on the day  
| Topic | Practical steps for services integration  
|       | Nurse-led services  
|       | Training needs for sexual health service staff  
| Facilitator | Helen Lumb and Claire Major  
|       | Sandra Smith  
|       | Dr Sarah McAndrew and Sarah Staveley  
| 14:15 | Break-out sessions wrap-up                                                                 |
| 14:45 | Final question and answer                                                                  |
| 15:00 | Close                                                                                      |
Changing Practice: Achieving Modernisation of Services

**Dr Charlotte Fleming**  
Consultant, Clinical Director, Sexual & Reproductive Health, Gwent Healthcare NHS Trust and Member of Advisory Group for Sexual Health  
Synopsis not available at time of print.

**Dr Olwen Williams OBE**  
Director of Sexual Health Services, Conwy and Denbighshire NHS Trust  
Synopsis not available at time of print, however, presentation slides are available in your delegate packs.

**Alison Jones**  
Consultant Nurse Sexual Health & Teenage Pregnancy, Pontypridd & Rhondda NHS Trust  
The presentation aims to share how a dedicated service for managing termination of pregnancy has developed and evolved.

The presentation will provide information related to modernising services locally with reference to:  
- National policy context  
- Principles of role and service development  
- Competency  
- Developing a dedicated service  
- Challenges  
- Checklist for service development

**Dr Charlotte Fleming**  
Consultant, Clinical Director, Sexual & Reproductive Health, Gwent Healthcare NHS Trust and Member of Advisory Group for Sexual Health  
Dr Fleming will present on the patient’s experience of contraception services, exploring initial access of the service, the experience of the consultation and what happens after leaving the clinic.

In addition, Dr Fleming will offer a ‘behind the scenes’ insight of running a contraception service, portraying the challenges facing Gwent in modernising their contraception services.
1. Practical steps for services integration  
   **Room:**  
   **Facilitator:** Helen Lumb and Claire Major  
   The workshop will look at the previous Family Planning and Genito Urinary Medicine services in place and the constraints seen within the system.

   The progress made to fully integrate the two services so far will be discussed and the vision for the future, including a look at the challenges ahead described.

   The main focus of the workshop will be to share the four counties’ experiences and lessons learnt in this integration process to date.

2. Nurse-led services  
   **Room:**  
   **Facilitator:** Sandra Smith  
   Synopsis not available at time of print.

3. Training needs for sexual health service staff  
   **Room:**  
   **Facilitator:** Dr Sarah McAndrew and Sarah Staveley  
   Synopsis not available at time of print.
Changing Practice: Achieving Modernisation of Services

Dr Ushan Andrady
Consultant in Genitourinary/HIV Medicine
North West Wales NHS Trust
Dr Andrady is Consultant in Genitourinary/HIV Medicine at North West Wales NHS Trust and current Chair of the Welsh branch of British Association for Sexual Health and HIV (BASHH).

Dr Charlotte Fleming
Consultant, Clinical Director, Sexual & Reproductive Health
Gwent Healthcare NHS Trust
Dr Fleming has been Clinical Director of Gwent’s Sexual and Reproductive Health service for 8 years, having trained in obstetrics and gynaecology. The directorate encompasses GUM, community contraception, abortion services, male & female sterilisation, psychosexual services, office gynaecology.

In the early 1990s, during her research years in obstetrics and gynaecology, Dr Fleming also worked as the Medical Director of Avon Brook Advisory Service. In 2005-6, Dr Fleming was a member of the fpa national executive.

Dr Olwen Williams OBE
Director of Sexual Health Services
Conwy and Denbighshire NHS Trust
Dr Williams is currently Director of Sexual Health Services, Conwy and Denbighshire NHS Trust. She has a special interest in dealing with child sexual abuse and adolescent sexual health.

In 1999, Dr Williams was a member of the Sexual Health Strategic Steering Group set up for the National Assembly for Wales to look at sexual health provision. Subsequently, she became a member of the Welsh Assembly Government’s Sexual Health Monitoring Group and assisted in the review of sexual health services in Wales as the Royal College of Physicians Speciality Representative for service in Wales. In January 2006, Dr Williams became the Programme Director for Training in Genitourinary Medicine and Chair of the Specialist Training Committee.

Dr Williams was awarded an OBE in the Queen’s Birthday Honours list 2005, for services to Medicine in Wales.
Changing Practice: Achieving Modernisation of Services

Alison Jones
Consultant Nurse Sexual Health & Teenage Pregnancy
Pontypridd & Rhondda NHS Trust
Alison qualified as a Registered General Nurse (1985) and as a Registered Midwife (1988) through the West Glamorgan School of Nursing and Midwifery then attained a Diploma of Health Visiting with Distinction (1991) via the University of Wales, Swansea. Following a period of study in the University of Wales, Bangor, Alison gained a certificate in School Nursing (1998) and was awarded a Masters Degree in Education in 2001.

A multitude of factors, known as the broader determinants of health, can adversely affect the health and wellbeing of individuals, families and communities. Alison is a Consultant Nurse in Sexual Health and Teenage Pregnancy, remitted with optimising the sexual health and wellbeing of the population of Pontypridd and Rhondda in conjunction with enabling young women who are pregnant or who are mothers to make informed choices and maximise their opportunities for health.

The autonomy integral to the role of consultant nurse provides an exceptional opportunity to work in partnership with and influence the way in which statutory and voluntary sector service providers and commissioners plan, design and deliver services to better meet the needs of communities.

Helen Lumb
Assistant Director of Commissioning and Performance
Wrexham Local Health Board
Helen Lumb currently works as the Assistant Director of Commissioning and Performance for Wrexham Local Health Board. Within this role, she Chairs the Multi Agency Steering Group responsible for the integration of Family Planning and Genito Urinary Medicine Services across the four counties of Conwy, Denbighshire, Flintshire and Wrexham.

Key successes overseen by the Steering Group to date include the movement of Genito Urinary Medicine services into the same Trust as Family Planning Services, securing additional resource from the Welsh Assembly Government to increase nursing levels within the team and the agreement of three of the LHB Boards move forward with the integration process. The Steering Group are now working towards introducing integrated clinics over the coming months.
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**Claire Major**
Biography not available at time of print.

**Sandra Smith**
Biography not available at time of print.

**Dr Sarah McAndrew**
Associate Specialist - GUM
Conwy and Denbighshire NHS Trust
Sarah works in Conwy and Denbighshire NHS Trust, currently undergoing integration of Family Planning and GU medicine services.

**Sarah Staveley**
Clinical Nurse Manager - Sexual Health
Conwy and Denbighshire NHS Trust
Sarah also works in Conwy and Denbighshire NHS Trust, which is currently undergoing integration of Family Planning and GU Medicine services.
Changing Practice:
Achieving Modernisation of Services

1. **How would you rate the conference overall?** Please tick one box below
   - Very useful
   - Useful
   - Average
   - Not very useful
   - Not at all useful

   Comments..............................................................................................................................

2. **How would you rate the presentations?**
   - Very useful
   - Useful
   - Average
   - Not very useful
   - Not at all useful

   Comments..............................................................................................................................

3. **Which breakout session did you attend?**
   - Practical steps for services integration
   - Nurse-led services
   - Training needs for sexual health service staff

4. **How would you rate the breakout session you attended?**
   - Very useful
   - Useful
   - Average
   - Not very useful
   - Not at all useful

   Comments..............................................................................................................................

5. **How would you rate the conference facilities (venue, catering etc)?**
   - Very useful
   - Useful
   - Average
   - Not very useful
   - Not at all useful

   Comments..............................................................................................................................

6. **What was the most interesting/useful part of the day?**

7. **What could have made the conference better?**

8. **What topics would you like covered in future Network conferences?**

9. **Staging the conference on a week day has proved inconvenient for many members. What are your opinions regarding the suggestion we hold conferences on a Saturday?**
Changing Practice:
Achieving Modernisation of Services