Aneurin Bevan Health Board

Minutes of the Mental Health and Learning Disabilities Committee
held on Thursday 20th June 2013

Present:
Siobhan McClelland (Chair) - Vice Chair, Aneurin Bevan Health Board
Wendy Bourton - Independent Member – Third Sector
Jane Carroll - Independent Member
Prof Helen Houston - Independent Member – University
Peter Sampson - Independent Member - Community

In Attendance:
Gary Hicks - General Manager, Mental Health and Learning Disabilities
Dr Chris O’Connor - Divisional Director, Mental Health and Learning Disabilities
Sian Millar - General Manager, Family and Therapies Division
Judith Paget - Chief Operating Officer
Mark Griffiths - Clinical Director – CAMHS

Apologies:
Perry Attwell - Lead Nurse Adult Mental Health
Claire Harding - Programme Manager, Mental Health
David Jenkins - Chair, Aneurin Bevan Health Board
Alison Lewis - Divisional Nurse, Mental Health and Learning Disabilities
Denise Llewellyn - Director of Nursing
Dave Williams - Divisional Director Family and Therapies

PART A

MHC 2006/01 Welcome and Introductions

The Chair welcomed everyone to the meeting and wished in particular to thank Peter Sampson for chairing the previous meeting in which she attended as an observer whilst awaiting her formal Welsh Government appointment.
MHC 2006/02 Minutes of the Meeting held on 18th April 2013

The minutes of the meeting held on 18th April 2013 were accepted as a true and accurate record of the meeting.

MHC 2006/03 Action Log

The Committee reviewed the Action Log and agreed that actions had been completed. The following updates were provided:

MHC 0703/05 Primary Healthcare and Community Work Stream Outpatient Model: Gary Hicks reported that the report on the outpatient model would not be ready for the August meeting as a full review of outpatients was required. The CMHT Task and Finish Group would be undertaking this piece of work and the range of tasks have been planned to be undertaken over the next 12 months. It was agreed that the four work stream plans would be presented at the next meeting to demonstrate the tasks to be undertaken and the timescales. Action: G Hicks

MHC 0703/11 Criminal Justice Liaison Services in Wales: A very useful insight into forensic services had been presented as part of the Information Session prior to the Committee meeting and it had highlighted the need for CAMHS and Forensic Services to work together. Committee members also welcomed the opportunity to have more in-depth discussions in the Information Session and potentially within the Committee itself.

The Committee members were asked to provide ideas for topics for future Development/Information Sessions to Chris O’Connor. This would allow for the sessions to be planned and the time utilised for maximum benefit. Action: Independent Members

Helen Houston asked for a session on transition services and the general principles to follow and the lessons to be learnt from transition between child and adult service. Sian Millar responded advising that a significant amount of work has been undertaken and
there are now formal processes and protocols in place around transition with opportunities to escalate any concerns to either Gary Hicks/Sian Millar.

Judith Paget agreed to look at the wider transition issues and a report would be presented on Transition Services at the next meeting. **Action: J Paget/G Hicks/S Millar**

**MHC 2012/13 Mental Health Governance Arrangements:** Chris O’Connor advised that Carol Shilibeer and Harold Proctor were undertaking a number of pieces of work around governance arrangements and a revised governance framework outlining the relationship between Powys tHB and ABHB was awaited.

Peter Sampson queried the delays. Chris O’Connor responded advising that the arrangements involved three Health Boards but was unsure of what the delays were but advised that a draft service agreement had been received and was currently being reviewed by the Health Board.

Gary Hicks advised that work was being undertaken on the service model work. This work was being undertaken over the summer months with the first meeting to be held during July and advised that he would be representing the Health Board.

The Chair and Judith Paget agreed to continue the discussion on this aspect outside the meeting. **Action: S McClelland/J Paget**

**MHC 18/04/06 Quality Indicators:** Gary Hicks reported that the complaints related to a variety of issues which included attitude of staff; delays with a package of continuing healthcare; delays with accessing services; queries relating to treatment; nursing care received at YTC and a difficult package of care due to complex needs. An action plan has been developed for each case for monitoring by the divisional management team.
John Holland to share information in relation to depression targets within Primary Care and how they are collected. **Action: J Holland**

Gary Hicks confirmed that Clinical Supervision would be the topic of the next Information Session and agreed to review the timings for the session to ensure sufficient time for questions and answers. **Action: G Hicks**

**MHC 1804/11 National CAMHS Review 2012/13:** Sian Millar agreed to pick up this action with Judith Paget and provide an update at the next meeting. **Action: S Millar/J Paget**

**MHC 1804/08 Review of Third Sector Commissioned Activity 2012/13 and Allocations for 2013/14:** Chris O’Connor reported that the issues relating to securing capacity for the required work with the voluntary sector had hopefully been resolved, as the Board had recently received confirmation from Welsh Government regarding a successful collaborative funding bid.

**MHC 1804/09 Mental Health Act Administration Report:** Gary Hicks confirmed that the Committee would receive a report annually and provide verbal exception reporting at each meeting. **Action: G Hicks**

**MHC 18/04 Mental Health Act Managers Review:** Chris Jones was leading on the application of the recommendations. An Action Plan is to be developed and progress will be reported via the minutes of the Hospital Managers Powers of Discharge Sub Committee. **Action: C Jones**

**MHC 2006/04 Matters Arising**

There were no matters arising from the previous meeting that were not covered on the agenda.

**MHC 2006/05 Declarations of Interest**

There were no Declarations of Interest relating to the items on the agenda for the meeting.
MHC 2006/06  CAMHS Performance Report

Sian Millar provided an overview of the CAMHS performance advising that targets were still being measured against the AQF and for this reporting period the Division had not met its targets for areas 1, 5(a), 5(b) and 7, but was meeting its urgent targets.

The majority of the issues contributing to non compliance are also for discussion as part of the report on CAMHS issues following the Family & Therapies Division Deep Dive into Specialist CAMHS.

In respect of meeting AQF target 1 the Division benchmarked against the rest of the UK and was under resourced in terms of the recommended numbers of doctors, nurses, psychologists and other therapists for the population served.

In order to meet AQF targets 5(a) and 5(b) a bid to WHSSC to repatriate the funding used the tier 4 beds at Bridgend should negate this need together with the bed resource in Caerphilly.

Mark Griffiths advised that the work to closely link with other services and change the model of care would also ensure better working arrangements and the ability to meet the Divisional targets.

Wendy Bourton asked whether the increase in demand was reflected across other partnerships for young people with mental health issues. Mark Griffiths responded advising that the increase has occurred across all referrals.

Judith Paget joined the meeting.

Wendy Bourton asked whether there was a whole system approach to addressing the issues within the service. Sian Millar responded advising that the Children’s Partnership Board has been set up to discuss these issues with partner organisations and advised that
the implementation of the Assertive Outreach Teams will change the service provision.

Helen Houston raised serious concerns but acknowledged that there were actions in place to address the issues.

The Chair asked how the Health Board compared to the rest of Wales. Mark Griffiths advised that other Health Board areas have tighter referral criteria than that of the Health Board. He explained that the vast majority of the cases were long waiters but it was hoped with the new working arrangements the Health Board could move towards a reduction from 4 weeks to 1 week.

Sian Millar advised that the Division were working with partners to better understand ASD and ADHD as these conditions can fall between services and could either be provided as part of Paediatrics or CAMHS, and therefore the targets could differ depending on which care pathway the patient was following.

Mark Griffiths advised that the pilot would be starting in July 2013 with referral guidance to start in September 2013.

Sian Millar advised that a review of early intervention therapies was being undertaken to look at best practice and encourage partnership working.

Chris O’Connor welcomed the development of the Children’s Partnership Board and partnership discussions around the demand and capacity issues but there was a need to be mindful of the impact on other services.

**MHC 2006/07  CAMHS Current Issues**

Mark Griffiths presented the report which provided an overview of the capacity shortfalls, the issues surrounding CAMHS emergency responses, particularly out of hours, and the restructuring of the services.
The Chair asked about sharing the issues with partners. Sian Millar responded advising that Dave Williams has spoken to the Heads of Children’s Services and will be first item for discussion at the Children’s Programme Board.

Sian Millar advised that CAMHS were also working with Adult Mental Health Services around transition arrangements to ensure a smoother process.

Peter Sampson asked about the working hours for the assertive outreach services. Mark Griffiths advised that the service would operate the ‘closer to home treatment’ service model and operate from 9am-5pm and provide some out of hours cover. He also advised that the ASD and ADHD pathways were also being reviewed with their associated targets.

Wendy Bourton asked about the assertive recruitment process. Mark Griffiths responded advising that the process was slow.

Wendy Bourton raised concerns that the delays with the recruitment process was a common theme throughout the Health Board. Judith Paget responded advising that Executive colleagues were aware of the concerns with recruitment but advised that the scrutiny process was around 3 weeks but the non medical recruiting process can take 4–5 months and even longer for medical posts.

Anne Phillimore was raising the concerns of the Health Board with NHS Wales Shared Services Partnerships and for the performance measures to be made visible to all Health Boards.

The Chair agreed to raise the issue on behalf of the Committee to the Workforce & Organisational Development Committee. **Action: S McClelland**

Mark Griffiths advised that CAMHS were continuing to work with WHSSC and Welsh Government to improve the provision of CAMHS out of hours and the need to have an out of hours response by junior psychiatrists at
RGH. Some issues have been resolved but the service will continue to work to address those remaining.

Helen Houston raised concerns about the spend to save bid relating to the development of the Assertive Outreach Teams and what was the contingency if the bid was unsuccessful. Sian Millar responded advising that there was a meeting the following week to further discuss this matter but was unsure of the protocol around WHSSC and repatriation.

Judith Paget agreed to raise the issue with Alan Brace and the Commissioning Team. **Action: J Paget**

Gary Hicks commented that the Assertive Outreach Team seemed to be more like a Crisis Team. Mark Griffiths responded advising that it was a Crisis Team but were calling it an Assertive Outreach Team as this was the terminology used on a national level and did not want to confuse it with the Crisis Intervention Team model.

The Chair asked about when the feedback could be expected for the wider review. Sian Millar responded advising that the terms of reference for the review were being developed and anticipated that an update on all issues could be provided around September 2013. **Action: S Millar/M Griffiths**

**MHC 2006/08 Mental Health & Learning Disabilities Performance Report**

Gary Hicks advised that the Divisional Business and Performance Management Team are continually scoping and developing the performance reporting requirements for the Division to reflect the requirements across the Health Board.

Gary Hicks provided an overview of the dashboard which focused on the Division’s performance and the measures in place to address and improve compliance.

Wendy Bourton asked for clarification on the acronym MOJ. Gary Hicks responded advising that it stood for
Ministry of Justice. He added that currently there are long delays in obtaining permission for service users to move onto the next stage of their pathway and this can cause delays in their progress.

Helen Houston commented that following a recent visit to YYF concerns had been raised by staff that patients were not being transferred in a timely manner and asked whether the delays were health related or due to delays with partners. Gary Hicks responded advising that there were a range of issues that could delay the transfer of patients. Some patients don’t always fit the service models or care pathways and such issues are addressed on a case by case basis via the CTP review process.

A review of the unscheduled care profile for the provision of the CRHTT was required as there were variances in service provision across Wales.

Wendy Bourton queried why there was an increase in adult beds. Gary Hicks advised that due to the change in patient flow at the front door, these type of patients were presenting between 8pm to 12pm and after midnight. These bed issues were being addressed with the Unscheduled Care Division.

Wendy Bourton asked for an Information Session to better understand the dashboard. This would be included with the other suggestions for future information sessions: **Action: B Codd**

Gary Hicks advised that the Division were focussing on learning disability staff sickness and actions were in place to address this.

Chris O’Connor advised that monthly session were in place to address compliance with PADR with improvements targets being set at 5% for June and 10% per month thereafter.

The Committee noted that the referrals in Gwent as part of the Primary Mental Health Measure Part 1 were higher than Cardiff. The Health Board have been asked
to present their performance data to the Welsh Government.

The Committee noted that a report on the work of the Low Secure Services Delivery Group was being released during the next month and the full report would be presented to the Committee at the next meeting. **Action: G Hicks**

Gary Hicks advised that additional detail on the key performance and quality data arising out of the All Wales report on secure services can be included in the next performance report. **Action: G Hicks**

**MHC 2006/09 Risk Register**

Gary Hicks presented an overview of the risks on the register.

The Committee noted the update and did not wish to raise any risks for Board consideration.

**MHC 2006/10 Actions to Progress the Recommendations in the Information Governance Review**

Gary Hicks advised that the copy of the slides included with the papers was a summary of the presentation made to the Information Governance Committee at its meeting on 3\textsuperscript{rd} June 2013 to provide assurance that the recommendations were being progressed.

An Action Plan has been developed to address the recommendation. The information elements of the review are being monitored by the Information Governance Committee, with the governance aspects to be monitored by the Mental Health and Learning Disabilities Committee.

Following the presentation the Division will be revisiting the Action Plan to remove any duplication, refresh the actions and timescales.

Updates at both Committees will be provided as and when necessary.
MHC 2006/11  Together for Mental Health Delivery Plan Update

Chris O’Connor presented the report which provided an overview of the implementation plans and explained that many of the actions have been completed and a number of the actions had not been met within the expected timescales but plans have been put in place to address these.

The Committee noted the update but commented that it was process driven and asked that the focus for future reports to be on outcomes. Chris O’Connor responded advising that he had met with Sian Richards to discuss the Annual Plan for Welsh Government and advised the report to WG was likely to be ‘light touch’ and that the responsibility for developing more detailed outcome measurement was likely to lie with Health Boards. A report would be provided to the next Committee meeting outlining the approach to undertaking this.  

**Action: C Harding/Chris O Connor**

Sian Millar provided the following updates in relation to CAMHS areas of the action plan:

- 11.4 – The Mental Health Advisor was now in post and therefore this action had been addressed.
- 12.4 – Mark Griffiths was undertaking the work on the referral criteria.

MHC 2006/12  Mental Health Strategy Implementation Update

Chris O’Connor presented the highlight report which provided a broad overview of the implementation.

The Committee asked that the highlight report give an overview of the whole implementation process as well as providing a focus on one work stream in detail, covering all work streams except workforce and finance using a rolling programme. It was agreed that Primary & Community Service be the first focus work stream for the next meeting.  

**Action: C Harding**
Suicide Reviews

Chris O’Connor informed the Committee that every suicide and suspected suicide was reviewed and discussed within the Division to better understand and analyse the data collected.

A total of 57 suicides or suspected suicides were reviewed during a two year period from June 2011 to May 2013. 28 cases were reviewed for year 1 and 29 cases in year 2. Two areas that are predominantly highlighted in the reviews were South Powys and Blaenau Gwent.

Chris O’Connor advised that following discussion with Judith Paget it had been agreed, subject to Committee approval, the establishment of a small joint team to explore any additional learning for these areas by utilising the NPSA Preventing Suicide Toolkit. The first area of focus would be South Powys, followed by Blaenau Gwent.

The Chair asked about the timescale for the piece of work. Chris O’Connor advised that it was anticipated that the work should take approximately 4-6 weeks to be completed and could commence in July 2013, with an overview report at the September meeting and a detailed report at the October meeting. **Action: C O’Connor**

Helen Houston asked whether there would be any involvement from independent contractors. Chris O’Connor responded advising that this could be a possibility and agreed to give this some consideration.

The Committee approved the establishment of the small joint team with external representation by Phil Chick.

Mental Health Act Administration

Gary Hicks reported that there were no exceptions to report.
MHC 2006/15  **Health Inspectorate Wales Visit Reports**

Gary Hicks provided an overview of the two reports that had been received in respect of Pillmawr and Belle Vue.

Pillmawr had received a mixed report which had positives but also highlighted issues relating to documentation.

Belle Vue had received an excellent report with good practice noted and it was suggested by HIW that staff on Pillmawr visit Belle Vue to share good practice and lessons.

Jane Carroll asked whether the Division address the issues with Pillmawr. Gary Hicks responded advising that the Ward Manager was new in post and the actions to address the recommendations and provide scope for improvements are to be introduced.

The Committee asked that positive feedback be provided to staff on Belle Vue and it was agreed that the Chair would write a letter to the ward and also highlight to the Board.  **Action: S McClelland**

MHC 2006/16  **Minutes of the Mental Health Act Managers Committee**

The Committee received and noted the minutes of the meeting of the Hospital Managers Powers of Discharge Sub Committee held on Tuesday 10th April 2013.

MHC 2006/17  **Any Other Business**

- **Community Health Council Review of Mental Health Services**

  Chris O’Connor reported that the CHC review of Mental Health Services had been undertaken for the period April 2012 to March 2013 with the main methodology being the collection of patient feedback. The report was positive and the recommendations arising from the review are being addressed. The report and action plan to address the
recommendations would be provided at the next meeting. **Action: C O’Connor**

- **Powys Serious Case Review**

  Chris O’Connor advised that the Health Board had been involved in the review of the case. The formal report was in the process of being drafted and expected by the end of the next week. Early feedback has indicated that there are 29 recommendations of which 4 related solely to the Health Board and 13 related jointly between the Health Board and the Local Authority.

  The formal report would be published with the accompanying action plan and when available will be presented to the Committee. **Action: C O’Connor**

- **Vice Chairs Mental Health Review**

  The Chair wished the Committee to note that she would be attending a meeting on 24th July of Vice Chairs with the Minister for Health and Social Services which would focus on Mental Health Services. An update would be provided at the next Committee. **Action: S McClelland**

**MHC 2006/18 Date and Time of Next Meeting**

It was confirmed that the next meeting of the Committee would take place on Thursday, 15th August 2013 in the Conference Centre, Aneurin Bevan Health Board Headquarters, St Cadoc’s Hospital, Caerleon.

**PART B**

**MHC 2006/19 OCS Case Review**

The Committee received a confidential verbal update on progress in respect of the OCS case review following the concerns raised via the whistleblowing process.
The Committee noted that Judith Paget and Denise Llewellyn would be following up on the actions arising from the review.