Delivering End Of Life Care

1 Introduction
This paper has been prepared to update the Board on the requirements of the “Together for Health – Delivering End of Life Care – A Delivery Plan up to 2016 for NHS Wales and its Partners”.

Attached to this paper is the Health Board’s Delivery Plan for endorsement prior to submission to Welsh Government at the end of September 2013.

This plan has been developed in partnership across the Divisions within the Health Board and with our partners in the Third Sector, including St David’s Hospice Care, Marie Curie and Hospice of the Valleys. Delivery of the Plan is also supported with the funding received from Macmillan Cancer Support and in particular the roles of the Macmillan GP Facilitators.

The Board should note that an ABHB Palliative Care Strategy is under development which will set out the vision for Palliative and End of Life Care in the Health Board, and provide a framework to take forward service improvements in conjunction with partners.

<table>
<thead>
<tr>
<th>Financial Assessment and link to Financial Recovery Plan</th>
<th>There is no specific funding stream associated with the Delivery Plan. The services to support delivery of the End of Life Care Plan are managed within the agreed budgets and with financial contribution from Macmillan for the specific projects supporting GP Facilitators, Pharmacist. Service Level Agreements, Welsh Government funding and charitable donations support delivery of the services provided by Third Sector organisations.</th>
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<tbody>
<tr>
<td>Risk Assessment</td>
<td>No specific risks identified</td>
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<tr>
<td>Annual Operating Framework</td>
<td>Setting the Direction &amp; Accelerating the Pace of Change. Delivering Safe Care, Compassionate Care. Cancer Delivery Plan.</td>
</tr>
<tr>
<td>Standards for Health Services Wales</td>
<td>The plan contributes to compliance with SHS 1,5,6,7, 8, 9, 10, 14, 15, 18, 19, 23,25 &amp; 26</td>
</tr>
<tr>
<td>Equality Impact Assessment</td>
<td>EIA will be required for the EOL Plan</td>
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</table>
2 Introduction

In April 2013, Welsh Government launched the “Together for Health – Delivering End of Life Care – A Delivery Plan up to 2016 for NHS Wales and its Partners”. This provides a framework for action by Health Boards, NHS Trusts and Third Sector partners and sets out expectations in delivering high quality end of life care, regardless of diagnosis, circumstance or place of residence in Wales.

The plan’s vision is outlined as:

- People in Wales to have a healthy, realistic approach to dying, planning appropriately for the event;
- People dying in Wales to have access to high quality care wherever they live and die whatever their underlying disease or disability, devoid of any prejudice in relation to their personal situation (Together for Health – Delivering End of Life Care, p2)

The Delivery Plan is an evolution of the key actions from the Sugar Report (2008), Finlay Report (2008) and the Quality Markers for End of Life Care document (2012). The Delivery Plan also acknowledges that Social Services have a key role and highlights that it is a complimentary plan to ‘Sustainable Social Services – A Framework for Action’. However, one of the key differences to the earlier plans is that the Delivery Plan is clearly addressing generalist services and what is expected of NHS Wales and Local Government in terms of core services providing good end of life care to each individual and their family or carers. The Delivery Plan acknowledges the work that has been achieved via the Palliative Care Implementation Board (PCIB) with Specialist Palliative Care Teams (SPCTs), but now describes the need to support staff who work in communities to deliver good end of life care.

3 Strategic Context

The 5 Year NHS Plan, ‘Together for Health’, sets out the programme for health & healthcare in Wales and “Together for Health - Delivering End of Life Care” forms part of a suite of delivery plans for service areas and should be read alongside other plans, including the Cancer Delivery Plan. The End of Life Delivery Plan sets out what this means for the delivery of measurable excellence in end of life care services and is split into 6 delivery theme areas:

- Delivery Theme 1: Supporting Living and Dying Well
- Delivery Theme 2: Detecting and Identifying Patients Early
- Delivery Theme 3: Delivering Fast Effective Care
Delivery Theme 4: Reducing the Distress of Terminal Illness for Patients and their Families
Delivery Theme 5: Improving Information
Delivery Theme 6: Targeting Research

The plan is expected to set out clear ways in which the voice of the individual, supported by those closer to them, is heard and respected at the centre of services the need. It sets out:

- Delivery aspirations expected
- Specific priorities for 2013-2016
- Responsibility to develop and deliver actions
- Population outcome indicators and NHS performance measures

There are four population indicators, three of which reflect performance indicators that were originally published as part of the Annual Quality Framework, outlined in the Delivery Plan. The indicators are:

1. % of people dying in place of preference
2. % of people with palliative needs on a primary care practice palliative care register six months prior to death
3. % of people who die in usual place of care
4. % of people in Wales who die intestate

**Gwent Palliative Care Strategy**

In 2012, a number of workshops were held to commence the development of a Gwent Palliative Care Strategy. Since then further engagement has been undertaken with partners and especially the Third Sector; St David’s Hospice Care, Marie Curie and Hospice of the Valleys. This Strategy will set out the vision for Palliative and End of Life Care in the Health Board, and provide a framework to take forward service improvements in conjunction with our partners. The strategic aims being developed are:

- To support living and dying well: facilitation of effective advance care planning for end of life care through the provision of effective communication
- To improve access to palliative care service provision
- To ensure service users and their family members will experience palliative care that is holistic and promotes high quality, individualised care which is safe, dignified and respectful which is delivered in a professional manner
• To promote well organised and co-ordinated care, facilitating a seamless service across boundaries and settings
• To ensure an adequately trained workforce who are educated to deliver excellence continuously improving patient/service user experience whilst demonstrating effective leadership
• Facilitation to ensure patients are cared for and die in their preferred place
• To demonstrate a high quality service through measurable outcomes and compliance with quality standards
• Engagement in the research agenda and to develop the skills and competencies to generate as well as implement evidence in practice

4 Summary of the Plan – the Priorities for 2013-16

In developing the ABHB plan, a review of current palliative care services against the expectations set out for 2016 has been undertaken and used to inform this Local Delivery Plan.

Whilst there is still progress to be made, this assessment identified that ABHB is already well placed to deliver the requirements of the Plan.

We have worked in partnership with our Specialist Palliative Care Third Sector providers to identify the key priorities to achieve by 2016 and for 2013/14. Our plan will be reviewed in partnership with our providers and other partners and the Divisions within ABHB.

Following completion of the above review, the key findings have been incorporated into our Local Delivery Plan for Palliative Care. This plan includes actions against each of the 2016 milestones within the Welsh Government End of Life Plan (2013).

Pages 7 to 18 of the attached plan provide an assessment of the detailed actions required to continue to improve and develop end of life care services and meet the expectations of “Delivering End of Life Care”.

5 Reporting Arrangements

The End of Life Delivery Plan is recognised within the Neighbourhood Care Networks Strategic Plan and implementation will be monitored through the Primary Care & Community Services Board.
The requirements of Welsh Government are that the Health Board is expected to report formal progress against the Local Delivery Plan on an annual basis commencing in March 2014.

6 Financial implications

There is no specific funding stream associated with the Delivery Plan. Specialist palliative care providers are funded on a recurring basis via the Welsh Government One Wales palliative care funding stream and are required to meet specific objectives as set out in the Welsh Government Service Level Agreement. There are 2 x 0.2 wte Macmillan GP Facilitators employed by ABHB who are on time limited funding due to finish in June 2015. There is also a Macmillan Palliative Care Pharmacist employed by ABHB who works in the community whose funding will cease in December 2015.

7 Conclusion

Aneurin Bevan Health Board continues to make progress in the delivery of palliative care services locally and is actively involved in the Welsh Palliative Care Implementation Group. The Health Board has been successful in securing financial contributions from Macmillan Cancer Care Support to pilot and develop a number of initiatives, including the GP Facilitators, which have enabled the palliative care services to be developed and to have already addressed many of the specific priorities identified in the “Together for Health – Delivering End of Life Care” plan requirements.

The ‘Together for Health – Delivering End of Life Care’ Delivery Plan offers a framework to ensure that all individuals and their families and carers receive the support and care they require at the end of life. The challenge for ABHB is to ensure that good End Of Life Care is embedded across all generalist services, which will require effective working across Divisions and with external partners.

8 Recommendations

The Board is asked to:

1. Note the contents of the Aneurin Bevan Health Board End of Life Delivery Plan and the monitoring arrangements
2. Endorse the Plan for submission to Welsh Government.
3. Agree to receive an update at a future Board meeting in 2014
Sponsored by: Judith Paget, Chief Operating Officer/Deputy Chief Executive

Prepared by: Jennie Willmott, General Manager and Joanne Lane, Lead Nurse for Palliative Care, Community Services Division

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