Withybush Hospital
Trauma and Orthopaedics
~ Recruitment ~

August 2017
Trauma and Orthopaedics

What we do

Ward 1 is our Trauma and Orthopaedic Ward at Withybush Hospital.

Patients who have sustained a trauma and need their care managed in hospital are usually admitted to this area. This commonly includes elderly patients with hip fractures. However, there are a wide range of reasons for patients being admitted with traumatic conditions, for example road traffic accidents, cliff climbing injuries and farming accidents – this list is not exhaustive but provides an insight into working in a rural health care setting. This involves caring for people of all ages (young adults to elderly frail) with anything from a fractured ankle to a spinal injury.

An elective service is also available within the ward, so patients requiring planned surgery, for example hip and knee replacement, are cared for within this setting. Patients can access community beds to continue with their care if needed in South Pembrokeshire Hospital, Health & Social Care Resources Centre and Tenby Hospital.

Our Trauma and Orthopaedic Department is led by a service delivery manager, senior nurse manager and clinical lead who hold responsibility for the service.

We have a senior sister and two junior sisters who are responsible for the day-to-day management of Ward 1 and they are supported by approximately 22 registered nurses and approximately 22 health care support workers. In addition, the ward has a designated trauma nurse, two ward clerks and a dedicated multi-disciplinary team consisting of physiotherapists, occupational therapists and rehabilitation assistants.

Our service consists of five consultants, six middle grade/associate specialist doctors, six junior doctors and a consultant orthogeriatrician, supported by experienced medical secretaries.

Members of the Ward 1 Trauma and Orthopaedics Nursing Team
**What we want to do in the future**

We have a dedicated multi-disciplinary team approach for all our patients. Furthermore, a specific pathway exists for patients who have presented with a hip fracture. An orthogeriatrician supports this service and has already shown to be tremendously beneficial in improving the care and management of this frail and vulnerable group of patients.

Our service works towards implementing all of the standards with the National Hip Fracture Database, a national audit which benchmarks against all participating organisations and this is a continuing process.

We have made progress in relation to the management of patients with spinal injuries to support earlier discharge. Our Trauma and Orthopaedic team are working closely with colleagues from the Acute Response Team (ART) to provide ongoing collar care daily to enable discharge from hospital and promote independence in a familiar environment. A lot of these patients are elderly and suffer a loss of confidence as result of this type of injury.

Enhanced Recovery After Surgery (ERAS) principles have been embedded into the pathway for patients accessing the service for hip and knee replacement, again a multi-disciplinary team approach to promote continual ongoing improvements to practice.

**Why you should work for us**

Do you want to make a difference to the care and experience that patients receive? If the answer is yes, then our Trauma and Orthopaedics service at Withybush Hospital needs you.

We offer exciting, challenging but rewarding nursing opportunities across two clinical areas.

Our team on Ward 1 are driven to provide the highest level of care to our patients and staff are expected to demonstrate the values and behaviours of the health board. You will have opportunities to learn and expand knowledge and skills within the specialty of trauma and orthopaedics. Managing and nursing patients with complex medical conditions, wound management and complex discharge planning are also some of the other skills you will also gain. An in-house training programme is provided, as well as opportunities to undertake further training.

All of the consultants within our department are committed to providing patients with the best possible care, and alongside this to ensure that all junior medical staff make the most of their training opportunities with regular access to clinical sessions within elective outpatient and fracture clinic, elective and trauma theatre sessions.
Our department has always been strongly associated with teaching and training of both undergraduate medical students and postgraduate doctors in training. We maintain close links with the undergraduate training programme at Swansea University Medical School, and receive excellent feedback from attending students. Our middle grade trainees consistently provide us with excellent feedback due to the exposure to the elective orthopaedic and trauma experience they receive. Many of the consultant body are faculty members for training courses throughout the UK and many have a regular teaching commitment agreed within their job plan.

As well as providing training for Welsh Deanery doctors in training, we have a strong history of providing excellent support to our non-training doctors in achieving higher qualifications through MRCS, MRCP and FRCS Trauma and Orthopaedics.

We also have a strong tradition of employing junior doctors from overseas, often in their first post in the UK. We also ensure that those individuals are strongly supported throughout their employment, with many moving to recognised specialty training programmes in general practice and core training in medicine and surgery.

Weekly ‘bleep free’ training opportunities are provided with a regular programme of consultant delivered surgical teaching in the sub-specialties. Specific ‘bleep free’ teaching in trauma and orthopaedics takes place with a regular programme of tailored teaching which is consultant delivered.

Withybush Hospital is an extremely friendly place to work and our staff are supportive in and out of the work environment.

Hywel Dda University Health Board provides a wide range of staff benefits. There is plenty to do in your spare time in and around the Pembrokeshire coastline and countryside, which a huge positive to working here.

Come and join us!