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Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

Datganiad i'r Wasg / Press Release

FOR IMMEDIATE RELEASE
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29 Tachwedd 2010

Diwrnod agored yn yr uned iechyd meddwl newydd.

Dydd Iau, 2 Rhagfyr bydd cyfle i'r cyhoedd ymweld ag Uned Iechyd Meddwl Oedolion Newydd Heddfan ar safle Ysbyty Maelor Wrecsam.

Mae'r uned newydd yn rhan o brosiect £21.3 miliwn i ddarparu cyfleusterau iechyd meddwl cleifion mewnol newydd i oedolion a phobl hŷn ar y safle. Agorodd yr uned ar gyfer pobl hŷn yn y gwanwyn 2010; bydd yr uned newydd i oedolion yn agor mewn camau yr wythnos hon, gyda'r gwasanaethau cleifion allanol cyntaf yn cychwyn ar 30 Tachwedd a'r cleifion cyntaf yn symud i'r ward 44 gwely ar 6 Rhagfyr.

Mae defnyddwyr y gwasanaeth wedi cymryd rhan flaenllaw wrth gynllunio'r uned newydd ac mae'n cynnig llawer mwy o le a chyfleusterau llawer gwell. Yn eu plith mae caffi a chanolfan ffitrwydd i gleifion ynghyd â bod yn ganolfan i'r Tîm Triniaeth yn y Cartref, Therapi Galwedigaethol a Chyswllt Seiciatrig, er mwyn plethu a chydlynu gwasanaethau iechyd meddwl cleifion mewnol a chymuned yn well.

Bydd teithiau o amgylch y ward a manau therapi rhwng 3pm a 6pm ar 2 Rhagfyr – dylai ymwelwyr ddod i brif fynedfa'r uned sydd ar safle gogleddol yr Ysbyty, drwy fynedfa 5 ger y groesfan i gerddwyr.

DIWEDD

Am fwy o wybodaeth cysylltwch â:

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Mr Trystan Pritchard	01248 384938
Mrs Dawn Davies	01745 534495

29 November 2010

Open day at new mental health unit

On Thursday 2nd December, there will be a chance for member of the public to visit the new Heddfan Adult Mental Health Unit on the Wrexham Maelor Hospital site.

The new unit is part of a £21.3 million project to provide new mental health inpatient facilities for both adults and older persons on the site. The older person's unit opened in the spring of 2010; the new adult unit will open in stages this week, with the first outpatient services starting on 30th November and the first patients moving into the 44 bed ward areas on 6th December.

The unit has been designed with a high level of service user involvement and offers much more space and greatly enhanced facilities. These include a café and patient fitness centre, as well as providing a base for the Home Treatment, Occupational Therapy and Psychiatric Liaison Team, helping to increase the integration and coordination of inpatient and community mental health services.

Conducted tours of the ward and therapy areas will be run between 3pm and 6pm on the afternoon of 2nd December - visitors should come to the main entrance of the unit which is located on the Hospital's north site and accessed via gate 5, close to the pedestrian crossing.

ENDS

For further information please contact:

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