GIG CYMRU NHS WALES
Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

Datganiad i'r Wasg / Press Release

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12 Awst 2010

Clwb Rygbi'r Gweilch yn ymweld ag Ysbyty Glan Clwyd

Yfory, sef 13 Awst, bydd deugain a chwech aelod o Glwb Rygbi'r Gweilch yn ymweld â wardiau yn Ysbyty Glan Clwyd i atgoffa staff, cleifion ac ymwelwyr pwysigrwydd hylendid dwylo da.

Trefnwyd yr ymweliad gan RWE npower renewables, fel rhan o'u Rhaglen Cymunedol ac yn dilyn ymlaen o ymweliad Gavin Henson a Gareth Owen â'r Ysbyty a drefnwyd ganddynt yn 2008.

Y tro hwn, mae'r chwaraewyr wedi cytuno gweithredu fel llysgenhadon hylendid dwylo o amgylch yr ysbyty. Yn dilyn briffiad gan Dîm Rheoli Heintiau'r Ysbyty, byddant yn mynd o gwmpas yr ysbyty i ledaenu'r neges i staff a chleifion.

Dywedodd Reena Cartmell, Cyfarwyddwr Nyrsio Cynorthwyol:

"Rydym yn gwthio ein hymgyrch "yn noeth hyn y penelinoedd" ymlaen nid yn unig yng Nglan Clwyd ond ym mhob un o'n hysbytai. Mae hyn yn annog aelodau staff i wisgo llewys byr fel ei bod yn rhwyddach iddynt olchi eu dwylo wrth iddynt symud oddi wrth un claf at un arall.

"Rydym bob amser yn chwilio am ffyrdd newydd i atgoffa staff o bwysigrwydd hylendid dwylo a phan glywsom fod y Gweilch am ymweld, gofynnwyd iddynt a fuasent yn hoffi ein helpu i hyrwyddo'r ymgyrch.

Byddant hefyd yn annog cleifion i ofyn i staff a ydynt wedi golchi eu dwylo cyn eu trin. Byddant hefyd yn atgoffa ymwelwyr o'u rhan i beidio lledaenu heintiau drwy ddefnyddio'r rhwbiad dwylo alcohol wrth ddod i wardiau ac i beidio ymweld os ydynt wedi bod yn sâl eu hunain yn ddiweddar."

DIWEDD

Nodiadau i'r Golygyddion

Trefnwyd yr ymweliad fel rhan o raglen gymunedol RWE npower renewables sy'n gysylltiedig â'i weithgareddau busnes yn yr ardal. RWE npower renewables yw prif noddwyr clwb y Gweilch ac yn 2008, trefnodd i'w chwaraewyr mwyaf poblogaidd, Gavin Henson a Gareth Owen, i ymweld â ward y plant yn yr ysbyty.

Am fwy o wybodaeth cysylltwch â:

Mr Andy Scotson **01978 725130**
Mrs Dawn Davies **01745 534495**

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12 August 2010

Ospreys Rugby Club visit Glan Clwyd Hospital

Tomorrow, 13th August, forty six members of the Ospreys Rugby Club will be visiting wards at Glan Clwyd Hospital to remind staff, patients and visitors of the importance of good hand hygiene.

The visit has been organised by RWE npower renewables as part of their Communities Programme and follows on from the visit to the Hospital by Gavin Henson and Gareth Owen that they arranged in 2008.

This time the players have agreed to act as hand hygiene ambassadors around the Hospital, and after getting a briefing from the Hospital's Infection Control team they will be going out around the Hospital to spread the word to staff and patients.

Reena Cartmell, Assistant Director of Nursing, said "We are pushing forward with our 'bare below the elbows' campaign, not only at Glan Clwyd but in all our Hospitals. This encourages members of staff to wear short sleeves so it is easier for them to wash their hands thoroughly when moving from one patient to another.

"We are always looking for new ways to keep reminding staff of the importance of hand hygiene and when we heard that the Ospreys wanted to visit we asked if they would kindly help us to publicise this campaign.

"They will also be encouraging patients to ask staff if they have washed their hands before treatment. They will also be reminding visitors of the part they can play in not spreading infections by using the alcohol hand rub when going onto wards, and not visiting if they have themselves been ill recently."

ENDS

Notes to editors

The visit has been organised as part of RWE npower renewables community programme linked to it's business activities in the area. RWE npower renewables are the Osprey's main club sponsor and in 2008 arranged for star players Gavin Henson and Gareth Owen to visit the Hospital's children's ward.

For further information please contact:

Mr Andy Scotson	**01978 725130**
Mrs Dawn Davies	**01745 534495**