

**If you wish to have advice on needle exchange, please contact:**

WGCADA on:

Tel: 01639 633630

Tel: 01639 890863

**If you require information on Hepatitis or HIV testing or Vaccination for Hepatitis B, please contact:**

Your own Doctor **or** The Genito-Urinary Medicine Clinic at Singleton Hospital, Swansea.

Opening Times:

Monday - Thursday 9.30 am - 5.00 pm

Wednesday (Evening) 3.30 pm - 6.30 pm

Friday (Morning) 9.00 am - 12.00 pm

**Telephone: 01792 285016 or 01792 285015**

**or** The Genito-Urinary Medicine Clinic at Neath and Port Talbot, Baglan.

Opening Times:

Monday (Afternoon) 1.30 pm - 4.30 pm

Monday (Evening) 5.00 pm - 7.00 pm

Tuesday (Morning) 9.30 am - 12.00 pm

**Telephone: 01639 860260**

**For informal advice please contact either:**

WGCADA (harm reduction), 15 Victoria Gardens, Neath. **Telephone: 01639 633630**

WGCADA (abstinence), 30 Victoria Gardens, Neath. **Telephone: 01639 620222**

WGCADA (harm reduction), 37 Commercial Road, Port Talbot. **Telephone: 01639 890863**

## Where to find us

WGCADA (NEATH)  
15 VICTORIA GARDENS  
NEATH  
SA11 3AY

WGCADA (PORT TALBOT)  
37 COMMERCIAL ROAD  
TAIBACH  
PORT TALBOT  
SA13 1LN

**FOR INFORMATION, ADVICE AND  
TO MAKE SELF REFERRAL**

**TELEPHONE: 01639 633630**

### SMART OPENING TIMES

MONDAY - THURSDAY 9.00 am - 4.45 pm

FRIDAY 9.00 am - 4.30 pm

Outside these times an answerphone service is available.



SUBSTANCE MISUSE  
ASSESSMENT + REFERRAL TEAM

## Information Leaflet



SUBSTANCE MISUSE  
ASSESSMENT + REFERRAL TEAM

A partnership between



Bwrdd Iechyd Lleol  
Local Health Board  
Castell-nedd Port Talbot  
Neath Port Talbot



West Glamorgan  
Council on Alcohol  
and Drug Misuse

# What is SMART?

The SMART service is an assessment service for adults aged between 17–65 years of age living within the Neath and Port Talbot County Borough area who have problems with substance misuse.

- This could be with alcohol, illicit drugs, prescribed medication and/or over the counter preparations.
- The SMART service will offer you a detailed assessment of your needs and based on this a treatment plan will be discussed and agreed with you.
- The SMART service will organise whatever treatment you require.

If you just want advice/education about substance misuse then contact WGCADA direct (see overleaf). If you are under 17 years of age, the SMART service or WGCADA can give you further information.

# How do you access SMART?

You can be referred to SMART from a wide variety of individuals including general practitioners and other doctors, community mental health teams, social services, probation, prison

services and the voluntary agencies. You can refer yourself by telephoning the SMART administrator.

- You can discuss being referred to SMART with any of the above agencies
- You can contact SMART yourself, self-referrals will be accepted by telephone
- The SMART service will make every effort to see you as quickly as possible. Indeed, we will ensure that you are sent a appointment within five working days at most from the date we receive your referral.

# Who works in SMART?

The SMART service is a joint assessment team. Your assessment will be undertaken by an experienced nurse working through the Neath and Port Talbot Local Health Board and an experienced drug worker from West Glamorgan Council on Alcohol and Drug Abuse (WGCADA). The team is supported by a friendly administrator who will deal with your enquiries.

# Confidentiality

Due to the work undertaken by SMART which is highly personal, there are strict guidelines to ensure that your confidentiality is maintained. These guidelines will be discussed fully with you at the onset of your assessment. SMART places the highest regard on maintaining confidentiality and breaches of the guidelines are taken seriously within the Neath and Port Talbot Local Health Board and WGCADA.

# What can you do?

We do not want you to stop taking all your drugs before your appointment as this could be very dangerous. We would however request that you minimise the amount of alcohol and/or drugs that you take before your appointment. We would ask you to take just enough to avoid feeling unwell because of withdrawal symptoms.

If you are intoxicated when you attend for assessment, you will be asked to leave and given a further appointment date. This will cause a delay to your assessment and your future treatment will again be delayed.