Annual Conference 5th July 2012
Primary Health Care: ‘Now more than ever’

Conference Pack
INTRODUCTION

Dear Delegate,

Thank you for registering to attend the Wales for Africa Health Links Conference.

In this pack, you will find the programme for the day, biographies of speakers and facilitators, and overviews of the workshop sessions. If you have any further queries please contact:

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Contents
Introduction ............................................................................................................................................................ 2
Foreword – From Your Conference Chairpersons ............................................................................................ 3
About the Network .................................................................................................................................................. 4
Conference Information ........................................................................................................................................ 5
Conference Chairpersons ................................................................................................................................... 6
Conference Programme ........................................................................................................................................ 7
Speaker Biographies ............................................................................................................................................. 10
FOREWORD – FROM YOUR CONFERENCE CHAIRPERSONS

Dear Delegate,

Welcome to the Wales for Africa Health Links Network.

Each year since the annual conferences began in 2007 a theme has been chosen. This year, it is the turn of primary health care, which has been a particular strength of many Health Links Welsh partners. We know that the best way of improving people’s health is through the basics – clean water and sanitation, healthy food and employment. However, health care services can also make a difference, through public health measures and universal access to good primary health care. The deficit in health workers in low income countries is huge, and we can learn from how our partners are able to make the most of the scare resources that they have and how they empower communities and people to improve their health.

Primary health care at its best is about providing a first point of contact for most health problems, providing continuing person centred care (not disease focused) which is comprehensive and is able to coordinate care for individuals. Moreover, it gives holistic care in the context of family and community.

Today you will hear from a wide range of presenters and facilitators, who will share with you their knowledge and experiences from working within the field of health linking. The day will contain a mixture of plenary and workshop sessions, which will investigate the

We hope that you will have the opportunity to meet colleagues you haven’t met before, attend sessions on work outside of your usual remit and that you share experiences and learn from each other.

On behalf of the Wales for Africa Health Links Network, we hope that you find this an interesting and informative day.
ABOUT THE NETWORK

At Wales for Africa Health Links our aim is to facilitate a co-ordinated and effective approach to promoting and supporting the development of the NHS and Public Health Links in Wales. The Wales for Africa Health Links Network is open to any partnership between an organisation in Wales and a counterpart in sub Saharan Africa which focuses primarily on health.

The Wales for Africa Health links represents a unique response from Wales in relation to addressing the Millennium Development Goals as it harnesses the expertise which exists within the NHS in Wales and partners in disadvantaged communities in Africa. There is a high level of commitment and support from Public Health Wales and the Welsh Governments Wales for Africa Program.

The network now has a Service Level agreement with Public Health Wales which provides administrative and professional support.

Public Health Wales is an NHS organisation providing professionally independent public health advice and services to protect and improve the health and wellbeing of the population of Wales, but which also recognises the need to work towards improving international health.

Public Health Wales has four statutory functions:

1. To provide and manage a range of public health, health protection, healthcare improvement, health advisory, child protection and microbiological laboratory services and services relating to the surveillance, prevention and control of communicable diseases;
2. To develop and maintain arrangements for making information about matters related to the protection and improvement of health in Wales available to the public; to undertake and commission research into such matters and to contribute to the provision and development of training in such matters;
3. To undertake the systematic collection, analysis and dissemination of information about the health of the people of Wales in particular including cancer incidence, mortality and survival; and prevalence of congenital anomalies; and
4. To provide, manage, monitor, evaluate and conduct research into screening of health conditions and screening of health related matters.
**CONFERENCE INFORMATION**

**Registration**

Registration will open at 09.00am with refreshments available on arrival.

**Workshop Sessions**

There will be two parallel sessions throughout the day – one at 11:30 and a second at 13:50. Delegates are to attend a choice of one from each session. Please sign up for your chosen sessions at the registration desk on arrival. Places will be allocated on a first come first served basis. The Conference Chair will announce which sessions are in which rooms prior to the sessions.

**Panel Debate**

A panel debate will be held at 15:05 and delegates are encouraged to consider questions or comments for the panel in advance.

In your delegate pack, you will find a card which can be used to ask a question. Please fill these in and place them in the box provided on the registration desk. Submitted questions will be given to the afternoon Chairperson. Please note, due to the length of the session, we cannot guarantee that all questions will be put to the panel.

**Photography/Video**

Photographs and/or video footage will be taken throughout the event for future communications. If you do not wish to be photographed, please let one of the Conference Team know.

About Cardiff Metropolitan University

Cardiff Metropolitan University is committed to providing ‘Greener Events’ to reduce the environmental impact each event has at the campus. The new £20m Cardiff School of Management building, which opened in 2010, provides state-of-the-art facilities for more than 2,000 students and 160 staff. The building was designed by internationally renowned architects Austin-Smith Lord and has a striking glass atrium running the entire length.

**Complementary Wi-Fi**

Complementary Wi-Fi is available; please request the username and password if required on the day.
CONFERENCE CHAIRPERSONS

AM CHAIR, PROFESSOR STEPHEN TOMLINSON CBE

Professor Tomlinson CBE MD FRCP FMedSci graduated in Medicine in 1968 from Sheffield and completed specialist training in diabetes, endocrinology, metabolic medicine and general medicine. From 1993 to 1999 he was Dean of the Medical School and Faculty of Medicine, Dentistry and Nursing in Manchester. He established a link with Kumasi in Ghana based on exchanges of nurses, dieticians and chiropodists, to improve care for people with diabetes. Subsequently, he was also involved in supporting THET initiatives in the provision of postgraduate medical education for young doctors in Ghana. He became Chairman of THET’s Board of Trustees in 2007. Professor Tomlinson held the post of Vice-Chancellor of the University of Wales, College of Medicine from August 2001 to August 2004 before becoming Provost of Cardiff University. He was President of the Association of Physicians of Great Britain and Ireland from 2002-2003.

Professor Tomlinson was a member, then Chairman of the British Council Health Advisory Committee and subsequently a member of the Council’s Science, Engineering and Environment Committee. He has served on the Council’s Wales Advisory Committee and in 2007 he was awarded a CBE for services to medicine.

Steve is currently the Chair of the Wales for Africa Health Links Network Board.

PM CHAIR, MR JON TOWNLEY

Head of International Sustainable Development and the Wales for Africa Team, Welsh Government

Jon is the Head of International Sustainable Development and also the Wales for Africa Team at the Welsh Government. He has an active interest in international development which is reflected in his passion for his work. Jon has recently attended the UN Rio + 20 conference which focuses on Sustainable Development.
**CONFERENCE PROGRAMME**

**AM Chair:** Prof Stephen Tomlinson CBE, Emeritus Professor of Medicine, Cardiff University and Chair of Wales for Africa Health Links Network  
**PM Chair:** Jon Townley, Head of International Sustainable Development and the Wales for Africa Team, Welsh Government

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>09:00 – 09:30</td>
<td>Registration, tea &amp; coffee and sign up for workshops</td>
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| 09:30 - 09:40 | Introduction to morning session  
Wales for Africa Health Links Board Chair, Prof Steve Tomlinson |
| 09:40 -10:00  | The Role of Health Boards in Supporting Links  
Dr Chris Jones CBE, Cwm Taf Health Board |
| 10:00 -10.30  | Keynote address  
John Griffiths, Minister for Environment and Sustainable Development |
| 10:30 -10:50  | Reflection on 12 years of a health link: Ethiopia- Gwent  
Dr Biku Ghosh and Dr Aberra A. Gobezie |
| 10:50 -11:10  | Including the Excluded  
Paul Lindoewood, Disability Wales Africa |
| 11:10 -11:30  | Tea and coffee break                                                 |
| 11:30 -12:10  | Workshop sessions                                                   |
| 12:15 -12:45  | Household to Hospital - bridging the GAP?  
Dr Sally Venn |
| 12:45 - 13:45 | Lunch                                                               |
| 13:50 -14:25  | Workshop sessions                                                   |
| 14:30 – 14:55 | Partnerships for Primary Care  
Jane Cockerell, Chief Executive, THET |
| 14:55 -15:30  | Panel debate: ‘Primary Health Care: Now more than Ever?’  
Chair: Veronica German  
Jennifer Twelvetrees, Women4Resources  
Dr Paul Myres, Chair of the RCGP’s, Wales  
Dr Dan Magnus, Specialist Trainee Paediatrics, Severn Deanery and KOP Co-Founder and Trustee  
Craig Owen, Programme Manager, WCVA |
| 15:30-15:45   | The who, what, where and why of the Welsh International Development Hub  
Hannah Sheppard, International Development Hub Coordinator |
| 15:45-16:00   | Peter Bradley, Executive Director of Public Health Development, Public Health Wales |
| 16:00 -16:15  | Dr Tony Jewell, Chief Medical Officer                                |
| 16:15 - 17:00 | Networking opportunity with Tea and Coffee                           |
**GECK SQUAD**

Jeff Pye, Head of IT, Betsi Cadwaladr University Health Board will be running a stand during the breaks which is open to all IT based queries. Please come along and pick Jeff’s brains!

**WORKSHOP SESSIONS**

**PALLIATIVE CARE NEEDS AND REQUIREMENTS IN A RESOURCE POOR SETTING**

Richard Adams and Veronica Adams

This workshop will cover:

- Terminal illness in sub-Saharan Africa
- Models to achieve effective palliation
- Pain control opportunities and pitfalls
- Discussion and sharing experiences

**IMPROVING MATERNAL AND NEONATAL OUTCOMES IN THE PRIMARY CARE SETTING IN ETHIOPIA**

Melrose East

There will be a short presentation looking at maternal and neonatal outcomes in a variety of developing countries (taken from the WfA Annual Report). This will be followed by discussion/group work looking at how the outcomes can be improved. I will conclude with examples of things we have undertaken in Ethiopia using photographs to illustrate.

**INTEGRATING DISABILITY IN PRIMARY HEALTH CARE: INCLUDING THE EXCLUDED**

Paul Lindoewood

Inclusiveness is a buzz word within service development and delivery. In Wales this debate is often based around User Rights and Professional Conduct. Despite best efforts, many of us will say that we fall short of total inclusion. However, what are the issues which result in people being included or excluded? How do we understand them within cultures based around cooperate, rather than individual, identity? What strategies can we implement to assist our Wales Africa projects to become more inclusive?

The two workshops, along with the plenary presentation to the main conference, are being carried out by Disability in Wales and Africa. Therefore many of the examples will be based around disabled people and their families, however, many of these ideas may be applicable to other often excluded community groups.

**NARROWING THE GAP BETWEEN ASPIRATION AND IMPLEMENTATION – HOW DO WE MAKE THIS A REALITY IN OUR LINK?**

Kathrin Thomas

This workshop will draw on themes which were highlighted in Sally Venn's presentation 'Primary healthcare: Narrowing the gap between aspiration and implementation' and give participants practical guidance on achieving this aim, along with tips on how links
can look at opportunities and barriers. This session will be interactive with sharing of experiences and ideas. It will conclude with deciding a practical way forwards.

**Practical Guidance on Community Involvement to Improve Primary Health Care**

Craig Owen and Hannah Sheppard

The Wales Africa Community Links programme has supported over 100 community based organisations in Wales to develop links with over 240 community projects across Sub-Saharan Africa, ranging from livelihoods to health interventions. Many of these links have developed successful interventions contributing to healthy communities both in Wales and Africa, both within and beyond NHS institutional frameworks; as well as enabling institutional health links to broaden out and involve their surrounding communities.

This workshop will explore how health links can use the UN Gold Star framework for community linking as a tool for planning effective participation and community engagement, and fostering ownership of effective projects that are rooted in the needs of local communities. Workshop participants will also learn about information, development support, funding, learning and recognition opportunities available to enable their links to progress and grow.

**Community Child Health Programmes - What, Who and How much?**

Dan Mangus

In this workshop Dan will reflect on over a decade of experience in planning, facilitating and delivering child health and education programmes in western Kenya. The session will examine what kind of programmes can be used and how they can make a difference to child health outcomes, who the beneficiaries really are in community child health programmes and how success can be measured. This workshop will comprise a short presentation followed by an interactive discussion of key themes and questions. The workshop will be of interest to people keen to learn more about the practicalities and logistics of setting up and delivering community child health and education projects as well as those keen to explore other issues relating to this area.
**Speaker Biographies**

**The Role of Health Boards in Supporting Links**

**Dr. Christopher Jones, CBE**

Dr. Chris Jones has been a practicing GP for 30 years and Senior Partner within the Taff Vale Practice which is a busy valley based general practice. He was awarded the CBE in 2007 for his services to health in Wales. He was Chair of Rhondda Cynon Taff teaching Local Health Board from 2003 and was appointed as Chair of Cwm Taf Health Board in 2009. His clinical interests include chronic disease management, health inequalities, and the development of community and primary care services. He has led two ministerial reviews of health service redesign and is currently leading on “Setting the Direction” a strategic delivery programme for Primary and Community Services in Wales. He also Chairs the Primary Care Assurance Board on behalf of the Minister for Health & Social Services to ensure delivery of “Setting the Direction”.

**Keynote Address**

**John Griffiths, The Minister for Environment and Sustainable Development**

Born in 1956, John Griffiths studied law as a mature student at the University of Wales, Cardiff before going on to practice as a solicitor specialising in criminal law, personal injury and general civil litigation. He is a former councilor on Gwent County Council and Newport County Borough Council. He is a member of the Co-operative Party and the Community and Unite Trades Unions. John has previously served as Deputy Minister for Economic Development and Deputy Minister within the Health and Social Services portfolio, having special responsibility for Older People and Deputy Minister for Skills. In December 2009, he was appointed as Counsel General and Leader of the Legislative Programme. Following re-election to the National Assembly for Wales in May 2011, John Griffiths was appointed Minister for Environment and Sustainable Development.

**Reflection on 12 Years of a Health Link: Ethiopia- Gwent**

**Dr Biku Ghosh, OBE, FRCS and Dr Aberra A Gobezie**

Dr Biku Ghosh, OBE, RCS is a Consultant Surgeon and Breast Cancer Specialist at Nevill Hall Hospital, Abergavenny, Wales. Biku was born in a village in West Bengal, India and is now resident in the UK.

Biku strongly believes that we all have moral responsibilities to help to address the challenges developing countries face as result of inequalities in health care. He also believes that supporting partner countries in developing trained skilled workforce at rural
facilities is the most important role the health links can play. He also feels that to help our partners in reaching MDGs maximum attention should be given in supporting and developing the rural health facilities which is the source of health care for majority population in developing countries.

Biku has been founder and Coordinator of the Southern Ethiopia Gwent Health Link since 2000 [www.ethiopiagwentlink.org](http://www.ethiopiagwentlink.org). Through this link Biku introduced and regularly organize CME for the non doctor frontline health professionals including health officers, midwives and the medical laboratory technicians since 2002 in Ethiopia, first of its kind in the country.

He is also founder member and has been Chairman of the Wales for Africa Health Links Group since 2007 until this year.

**DR ABERRA A GOBEZIE**

Dr Aberra A Gobezie is a General & Urologic Surgeon and Assistant Professor of Surgery at the College of Medicine & Health Sciences, Hawassa University, Ethiopia. Dr Aberra has always been passionate about teaching and training and has been nominated several times by the students/ trainees as the best teacher in the university.

In 1999 Dr Aberra requested THET to help with skills training of the health officers in Dilla College. This soon led to the foundation of the Southern Ethiopia Gwent Healthcare link. He has been Coordinator of the link since its beginning. Dr Aberra was the main source of inspiration in foundation of the Hawsssa Medical School which is the only medical school in SNNP region Ethiopia with a population of nearly 17 million.

Dr Aberra has presented the experience of health officers skills training in Canada and Sweden and has been a key person in developing MSC programme of Emergency Surgery & Obstetrics for the non doctor health officer, first of its kind in the world. He is currently working with UROLINK, UK in developing in Hawassa the only urological unit outside Addis Ababa.

**INCLUDING THE EXCLUDED**

**PAUL LINDOEWOOD**

Paul Lindoewood is the founder and coordinator of Disability in Wales and Africa (DWA). In the 1980s, and early 90s, he developed several UK based organisations, and initiatives, promoting independent living for disabled people. Between 1996 and 2005 Paul was a Methodist Mission Partner with the Church in Kenya, serving in three roles. The first of these was as a Consultant for Action on Disability and Development. The second was to establish the Methodist Church in Kenya Disability Programme. Finally, Paul founded the Meru North Disability Community Centre, a Community Based Rehabilitation programme providing medical, therapeutic, and education assessment and support services, alongside community development activities. DWA is trying to raise
awareness of disability, as a development issue within the Wales Africa Network. It is also seeking to provide practical suggestions regarding the inclusion of disabled people.

**HOUSEHOLD TO HOSPITAL - BRIDGING THE GAP?**

**DR SALLY VENN**

Sally is trained in both Primary Care and Public Health and works as a Primary Medical Care Advisor for Public Health Wales. She is passionate about strengthening primary care within socially and economically disadvantaged communities and addressing the inequalities in access to affordable, appropriate healthcare embodied in the Inverse Care Law. She worked for over twenty years as a part-time partner in a small practice in Abertillery only coming out of the partnership at the beginning of this year to pursue a goal of spending more time working overseas. For the past fourteen months she and her husband have been working with a Non-Governmental Organisation in South India supporting the development of a community health worker training programme. She maintains her longstanding links with the Wales for Africa Health Links Network having been an active member of two health links and the Honorary Secretary of the Health Links Group when it formed in 2006. She remains a firm believer in the potential of health links to strengthen communities and improve health care delivery both in Africa and in Wales.

**PARTNERSHIPS FOR PRIMARY CARE**

**JANE COCKERELL, CHIEF EXECUTIVE, THET**

Jane joined THET in January 2010 as Director of Programmes and brings with her almost a decade of experience in the field of international aid and development. Her experience has been primarily in public health programmes, and she has worked in countries including Ethiopia, Uganda, Sudan and Sierra Leone. She has worked for a range of organisations, including GOAL, Merlin, International Rescue Committee, and was Executive Director of African Revival before joining THET. She took up the position of CE in January 2012.

**THE WHO, WHAT, WHERE AND WHY OF THE WELSH INTERNATIONAL DEVELOPMENT HUB**

**HANNAH SHEPPARD, INTERNATIONAL DEVELOPMENT HUB COORDINATOR**

Hannah Sheppard is the Coordinator for the International Development Hub hosted by the WCIA. Since completing an MSc in Social Development in 2011, Hannah has worked as a researcher - evaluating projects and social movements in Indonesia and Ghana for Gender at Work and UN Women; as a coordinator – organising workshops on Measuring Gender Equality and a sharing event for the Welsh Network of Development
Researchers, and; as an Impact and Learning Officer for Wales Africa Community Links. Prior to her masters, Hannah worked in Ethiopia on communications and transparency issues for the World Bank and DFID, and on behaviour change communications with Save the Children and Population Services International. Hannah also supported community groups across the UK with their community outreach and engagement during the development of their own local infrastructure projects in conjunction with Sustrans. Hannah lives in Swansea and enjoys wild swimming, gardening and riding her bike.

**Peter Bradley, Director of Public Health Development, Public Health Wales**

Peter Bradley has been Director of Public Health Development for Public Health Wales since November 2011. Before this, he was Director of Public Health in Suffolk for many years working for NHS Suffolk and Suffolk County Council. Peter was one of the founders of the award-winning Healthy Ambitions Suffolk programme which saw health inequalities reduce in the county. Prior to this he has worked in academia internationally. Peter worked for 5 years in Norway where he led the equivalent of NICE in Norway, worked for the National Prioritisation Council, completed a PhD on medical education and led a project to encourage evidence-based public health. Before this he worked in and led an international project to promote evidence-based practice and critical appraisal (CASP International). Before this he worked for several years as doctor in the NHS – in general practice and child health.

**Dr Tony Jewell, CMO**

Dr Tony Jewell has been Chief Medical Officer Wales for 5 years. Prior to this he was Clinical Director and Director of Public Health for Norfolk, Suffolk and Cambridgeshire Strategic Health Authority. Dr Jewell trained as a GP and worked in East London for 10 years. He then trained in public health medicine in East Anglia becoming a Director of Public Health in Peterborough and Cambridgeshire before being appointed to the Strategic Health Authority. His professional interests include primary care, preventing accidents and injuries and reducing health inequalities.

**Workshop Facilitators**

**Richard Adams**

Richard Adams joined Cardiff University as Senior Lecturer in Oncology in May 2007. He is honorary consultant and lead in lower gastrointestinal cancers at Velindre Cancer
Centre, chairs the Wales Cancer Trials Unit therapies working group and is on the NCRI advanced disease, rectal cancer, anal cancer and radiotherapy subgroups. Having originally trained at Nottingham University he worked in New Zealand for a year then returned to work in Bristol before moving to a clinical oncology training post in South Wales in 2000. He and his wife “Ness” spent a productive year with VSO in Uganda coordinating palliative care services in an affordable and sustainable manner with Hospice Uganda. Richard was a clinical lecturer at Makerere University and worked in the Mulago Cancer institute and radiotherapy units, securing funding for the treatment of curable cancers such as childhood Burkitt’s lymphoma and developing guidelines for the management of cancer in a resource poor setting. They maintain links with Uganda and Malawi. Along with Malcolm Adams (consultant oncologist) Richard currently, leads a link between Sierra Leone Ministry of Health and Sanitation and Velindre Cancer Centre. He and Ness have 3 boys age 5 to 7 and 9 and live in a village outside Cardiff.

**Dan Magnus**

Dan is a paediatric registrar with a special interest in Global Child Health and 10 years of project experience in Kenya. He is co-founder of Kenyan Orphan Project (KOP) - a charity working in western Kenya on child health and education projects linked to global child health programmes for students in the UK. Dan was previously unit lead for Maternal and Child Health on the Bristol International Health BSc and his main interest is in translating the evidence for global child health interventions into practice and in promoting global child health education. Dan is currently studying for the MSc Epidemiology at the London School of Hygiene and Tropical Medicine and won the award for BMJ Junior Doctor of the Year in 2011.

**Melrose East**

Melrose has been a nurse, midwife and teacher for over 30 years. She is currently the lead midwife for practice education in Aneurin Bevan Health Board and practice facilitator in Cardiff University. She is also a supervisor of midwives. Melrose joined the Southern Ethiopia Gwent Healthcare Link in 2006 and has visited Ethiopia on nine occasions with the link leading on a variety of midwifery training programmes for University tutors, midwives, clinical nurses and health extension workers. In 2011, Melrose presented results of three years of evaluation of these training programmes at the triennial International Confederation of Midwives (ICM) Conference in Durban, South Africa. She is a member of the newly formed midwives@ethiopia link. Melrose believes passionately in improving the conditions and outcomes for women giving birth in Ethiopia.
KATHRIN THOMAS
Kathrin began her career in hospital medicine before switching to General Practice because it felt as though this was where the action was. After many years as a GP, she became increasingly involved in public health and is now a full time consultant in Public Health Medicine with Public Health Wales, based with the North Wales team. She has a long standing interest in global health and spent some time working with WHO during her training. While working for the Chief Medical Officer for Wales in 2007, Kathrin helped with the first conference for Health Links in Wales and eventually became the Coordinator of the informal Network that grew out of this.

CRAIG OWEN
Craig is Programme Manager for Wales Africa Community Links, leading particularly on strategic partnerships, communications, funding, and the Gold Star Awards best practise scheme. Craig joined WCVA after 6 years with Oxfam coordinating global issues campaigning work with communities across Wales, including 2005’s Make Poverty History campaign. During 2006 managed Oxfam International's Tsunami Relief Programme in Aceh, Indonesia. Craig has also travelled and worked in Africa in Angola, South Africa, Lesotho, Kenya, Uganda and Ethiopia. You can find out more and access resources from the Wales Africa Links Programme at [www.walesafrica.org](http://www.walesafrica.org).

THE PANEL DEBATE – SPEAKER BIOGRAPHIES

PANEL DEBATE CHAIR – VERONICA GERMAN
Veronica German is currently the Executive Director of Dolen Cymru, a Wales Lesotho Link.
Prior to this she was the Assembly Member for South Wales East and the Welsh Liberal Democrat spokesperson on Health, Local Government and Equalities.
Veronica graduated in Chemical Engineering and holds a Masters in Biochemical Engineering. She went on to teach Physics, ICT and Maths at secondary level with the intention of persuading more students, particularly women, to take up engineering and science.

DR DAN MAGNUS
Dan is a paediatric registrar with a special interest in Global Child Health and 10 years of project experience in Kenya. He is co-founder of Kenyan Orphan Project (KOP) - a charity working in western Kenya on child health and education projects linked to global child health programmes for students in the UK. Dan was previously unit lead for Maternal and Child Health on the Bristol International Health BSc and his main interest is in translating the evidence for global child health interventions into practice and in
promoting global child health education. Dan is currently studying for the MSc Epidemiology at the London School of Hygiene and Tropical Medicine and won the award for BMJ Junior Doctor of the Year in 2011.

**DR PAUL MYRES**

Paul is the current Chair of RCGP Wales. He has been a GP near Wrexham for 27 years and now works part time in practice. His interests are clinical governance, GP performance and quality improvement and he leads the Primary Care Quality team in Public Health Wales. Many years ago he was a medical Officer on an expedition to Amazonia and had a three month stint as a MO in a refugee camp in Somalia. He has travelled in Southern and Eastern Africa. There is an active International Group in Royal College of GPs UK and Paul is keen for RCGP Wales to form links with Wales for Africa.

**JENNIFER TWELVETREES**

Jennifer Twelvetrees, MSc (Econ) is founder of Women4Resources a Swansea based charity of volunteers from the Diaspora and local community. It aims to alleviate poverty in Wales and Sub Saharan Africa through initiatives designed, run and managed by women which support MDG 3, gender equality and women's empowerment. Its African partners, Concerned Women for Progress 4Liberia now run their own Women's Centre providing training for business and promoting healthy living. Reaching Out Changing Lives in Vihiga, Kenya, supports 3 community libraries helping girls stay at school. ROCL is pioneering an innovative menstruation management programme for teenage girls (UN figures show 1 in 10 girls drop out). W4R coordinates community links between Swansea and Vihiga, Western Kenya and Rockhill, Paynesville, Liberia. In Swansea, W4R is part of the steering group for The Women's Building enterprise to tackle issues of violence against women and disempowerment.

**CRAIG OWEN**

For biography please see page 15.

**VOCALIST**

Isioma Ikediashi is a young gospel and inspirational soloist who uses music to send a message of hope and peace. From a very young age, she has had a passion for music and has been singing with different gospel bands both in Nigeria and the UK. Isioma has had the opportunity to sing at different community events across Wales including fund raising events for Swansea Gambian health link, All Wales Black History
Month Conference, Refugee week and Swansea’s Got Talent. Furthermore, she has been guest performer at weddings and special events.
She holds a Masters’ degree in Social Development and Communication from Swansea University and currently works with the African Community Centre Wales where she supports diverse groups of people from African and Caribbean background to settle into their community, find jobs and volunteering opportunities.

**THANK YOU FOR ATTENDING THE CONFERENCE – WE HOPE YOU HAVE AN INFORMATIVE DAY.**

Presentations from the day will be uploaded to the Wales for Africa Health Links website shortly after the event.