

Beth ydych chi'n wneud pan fyddwch angen cymorth a'r feddygfa ynghau?

Gwasanaethau Fferyllfeydd Gwynedd ac Ynys Môn

Oeddech chi'n gwybod y gall y fferyllfa leol gynnig:

- Triniaeth ar gyfer mân salwch fel dannoedd, haint llygaid neu broblemau croen syml
- Atal cenhedlu brys (y 'Bilsen Bore Wedyn')
- Cyflenwad o ail-bresgripsiynau os byddwch yn rhedeg allan o gyflenwad
- Cyngor cyffredinol am eich meddyginiaeth

Felly meddyliwch: Fferyllfa'n gyntaf

I gael cyngor iechyd cyffredinol, gallwch ffonio Galw Iechyd Cymru hefyd ar: **0845 46 47**



Bwrdd Iechyd Lleol
Local Health Board
Gwynedd

www.iechydgywnedd.org
www.gwyneddhealth.org

What do you do when your surgery is closed and you need help?

Gwynedd & Anglesey Pharmacy Services

Did you know your local pharmacy can provide you with:

- Treatment for minor illnesses such as toothache, eye infections or simple skin problems
- Emergency contraception (the 'Morning After Pill')
- A supply of your repeat prescription medicines if you run out
- General advice about your medication

So think: Pharmacy First

For general health advice you can also ring NHS Direct Wales on: **0845 46 47**